Sharon Benham is currently working as a cardiology nurse specialist in Bedfordshire community. Treating patients with chronic Heart Failure.

Sharon qualified as a nurse in 1992 initially working in General Medicine and CCU in West Cumbria.

She moved to London in 2000, working at the Royal Free in Hampstead as a CCU sister before doing a year of cardiac rehab, and then 9 years as a Heart Failure Specialist nurse for advanced Heart Failure and complex devices . She also has experience in Cardiac Amyloidosis and Cardiac Sarcoidosis.